BELL GARDENS POLICE DEPARTMENT JOINT AGENCY SKILLS TRAINING - JAST

Arrest Control / Defensive TacticsStudent Safety Policy / Safety Guidelines

June 2007

It is the practice of the Bell Gardens Police Department and JAST affiliated agencies to conduct all training in a manner that promotes an overall attitude of safety. All instructors will manage and facilitate the learning process to accomplish this goal. General Safety Guidelines apply to all Arrest Control / Defensive Tactics courses.

I. COURSE SPECIFIC SAFETY GUIDELINES

As a provider, we will ensure that advance notice is given to students and their agencies regarding anticipated physical demands and /or physical performance standards.

There will be a ratio of one or more instructors per five students when engaged in the active portion of the arrest control / defensive tactics training.

General Safety Guidelines and rules of each facility will be provided to all students and reemphasized to students prior to, and during training.

The site used to conduct the training will be either the Bell Gardens Police Department or the Los Amigos Training Facility located at 13000 Dahlia Ave. Downey, CA 90240. Any hazards associated with either facility will be briefed to all participants.

Safe areas are designated at each facility determine by the conditions at the time of the training.

Proper clothing and protective wear must be adhered to. The instructional staff will conduct a pre-training inspection to ensure compliance. At times, watches, jewelry, and other personal items may have to be removed since these items may cause injury to participants during training. Students shall wear clothing that will allow for flexibility of movement.

Instructional Staff shall wear clothing that designates them as instructors.

Instructors must maintain an appropriate level of control and discipline over students at all times. Students failing to follow instructions, and overly aggressive students may be dismissed from the training if the instructor feels they are a danger to themselves or others in the class.

It is the responsibility of the presenter to provide a clean, safe training environment. Equipment should be cleaned regularly and inspected as needed to ensure the safety of all participants, students and staff.

Equipment necessary to ensure the safety of instructors and students during high intensity training will be provided.

The command of "STOP" will be used to stop action during training. Either instructors or students can use the command if a condition occurs that can cause injury.

A warm-up of stretching and flexibility exercises will be performed before training.

Each technique will be first demonstrated by the instructors, and then practiced by students. Instructors will monitor progress and correct as needed. Evaluations will be conducted for each student.

II. REPORTING OF INJURIES

In the event that an injury or accident occurs to a student or instructor:

- 1. Report all injuries or accidents to the course instructor.
- 2. In cases where urgent medical response is needed, landline and cellular telephones, along with radio-equipped patrol cars must be available to call 911.
- 3. Appropriate First Aid / CPR will be administered as needed by onsite staff trained in First Aid / CPR.